

# GNSA 103: Academic Success

Helps students adjust to the rigor of an online program and sharpen their academic skills. This course focuses on study skills development and reflective self-assessment. Students are encouraged to develop a positive approach to online university through effective resource management, to develop their unique strengths and skills, and to gain confidence and belief in their ability to manage the demands of college-level online academics.

**Credits:** 3

**Program:** Undergraduate