

COU 524: Clinical Interventions and Evidence Based Treatments

Explores contemporary approaches to assessment, treatment planning, and intervention based in bio-psycho-social systems and evidence-based interventions. Topics include mood disorders, anxiety disorders, substance abuse and addictive disorders, eating disorders, personality disorders, and childhood disorders; multicultural and religious contexts in planning and conducting multi-faceted interventions for change; diagnostic interviewing, crisis intervention, treatment planning, and conducting various types of assessments.

Credits: 3

Program: Counseling