

HRDA 433: Care and Wellness for the Humanitarian Context

Provides students with the knowledge and skills to function from a state of integrated health in an humanitarian context. Emphasis will include ownership of personal wellness, collaboration for community wellness and application for wellness of those served. Topics include psychological first aid, evaluation and interventions for physiological health, biblical frameworks for self-care and wellness, compassion fatigue, and interventions for personal and community health.

Credits: 3

Prerequisites:

Junior or senior standing.

Program: Undergraduate