## BEHA 320: Crisis Intervention

Discusses the knowledge, values, and skills necessary to intervene in crises and perform brief interventions to bring about positive change. Topics include how to correctly assess crises and utilize a wide variety of interventions designed to return a client to a normal state; allows students to demonstrate theoretical and practical knowledge gained throughout the educational experience by applying it to facilitate positive changes to improve the mental, physical, relational and spiritual health of individuals; research-based interventions. Projects and activities within the course facilitate academic growth through hands-on experiences.

**Credits:** 3

Program: Undergraduate