

# PSYC 333: Helping Relationship Skills

Examines the core communication skills essential to helping relationships. Topics include basic listening and action-oriented skills within the context of professional values and a multi-disciplinary theory base, including issues related to working with diverse populations. Includes experiential role-playing and practice on non-verbal expression, active listening, exploration, constructive confrontation, conflict resolution, and other interviewing skills essential to a professional helper.

**Credits:** 3

**Co-Requisites:**

PSYC 333 Laboratory.

**Program:** Psychology