

CJST 333: Helping Relationship Skills

Examines the core communication skills essential to helping relationships. Topics include basic listening and action-oriented skills within the context of professional values and a multi-disciplinary theory base, including issues related to working with diverse populations. Includes experiential role-playing and practice on non-verbal expression, active listening, exploration, constructive confrontation, conflict resolution, and other interviewing skills essential to a professional helper.

Credits: 3

Prerequisites:

Junior or senior standing.

Co-Requisites:

CJST 333 Laboratory.

Program: Criminal Justice